

NORTHWEST ARKANSAS COMMUNITY COLLEGE

(Division of Health Professions)

DISCIPLINE CODE

NURS

COURSE NUMBER

9231

COURSE Title

Psychiatric/Mental Health Nursing Practicum

Catalog Description

Application of knowledge and skills occurs in the nursing skills laboratory and a variety of healthcare settings.

PREREQUISITES

NURS 9135/9133 Fundamentals of Nursing & PSYC 2003 General Psychology

CO-REQUISITES

NURS 9232 Psychiatric/ Mental Health Nursing & NURS 9422 Nursing Care of Adults III

CREDIT HOURS

3 credit hours

CONTACT HOURS

30 lecture contact hours

43 clinical/lab contact hours

LOAD HOURS

5 load hours

SEMESTERS OFFERED

Fall, Spring and Summer

ACTS EQUIVALENT

None

GRADE MODE

A-F

LEARNING OUTCOMES

1. Identify theories and concepts from a variety of disciplines as well as ethical and legal guidelines in the nursing care of the diverse patients experiencing common mental health conditions/disorders. (PO1)
2. Obtain awareness on the importance of therapeutic communication, group therapy leadership skills, and collaboration of teamwork to meet the patient's health care goal and needs of the diverse patients experiencing common mental health conditions/disorders. (PO2)
3. Discuss self-knowledge gained through reflection on one's own beliefs and values in building and enhancing the nurse-client relationship to provide safe, high quality, evidence based nursing care of diverse patients experiencing common mental health conditions/disorders. (PO3)
4. Recognize therapeutic use of self, therapeutic communication skills and understanding of mental health issues across the lifespan for patients experiencing common mental health conditions/disorders. (PO4)
5. Compare different cultures spiritual beliefs and practices of the patient experiencing mental health conditions/disorders (PO5)
6. Apply ethical and legal guidelines in the nursing care of the diverse patients experiencing common mental health conditions/disorders. (PO 1)
7. Demonstrate the ability to collaborate with health care team members to meet the patient's health care goal and needs of the diverse patients experiencing common mental health conditions/disorders. (PO2)
8. Administer safe, high quality, evidence based nursing care of diverse patients experiencing common mental health conditions/disorders. (PO3)
9. Apply clinical reasoning and judgement into each nursing care decision involving the diverse patients experiencing common mental health conditions/disorders. (PO4)
10. Implement compassionate and holistic care of the patient experiencing mental health conditions/disorders that incorporates their cultural and spiritual beliefs and practices. (PO 5)

The Course Outcomes (CO) for Psychiatric/Mental Health Nursing is the basic level of expected achievement toward meeting the NorthWest Arkansas Community College Program Outcomes (PO).

GENERAL EDUCATION OUTCOMES SUPPORTED

Students develop higher order thinking skills

STANDARD Practices

Topics list

1. Pharmacology in psychiatric nursing – throughout the course embedded within each topic
2. Therapeutic Settings in psychiatric nursing
3. Therapeutic Relationships
4. Therapeutic Communication
5. Psychiatric Assessment
6. Foundations of Psychiatric Nursing
7. Neurological Theories and Psychopharmacology
8. Psychosocial Theories & Therapy
9. Legal and Ethical Issues
10. Anger, Hostility & Aggression
11. Anxiety Disorders
12. Suicide
13. Trauma & Stress related disorders
14. Obsessive Compulsive & other related disorders

15. Somatic Disorders
16. Eating Disorders
17. Mood Disorders – Depression, Bipolar and other related disorders
18. Schizophrenia
19. Cognitive Disorders
20. Personality Disorders
21. Child & Adolescent Disorders
22. Substance Abuse and addictive disorders
23. Violence & Abuse
24. Culture and Mental Health

LEARNING ACTIVITIES

- Courses must, at a minimum, cover the core learning outcomes for each topic. Faculty may add to these outcomes, but may not omit any of them.
- Case Studies, vSims, and in person standardized patient simulations
- Inpatient psychiatric behavioral health unit – clinical experience.
- Attendance of AA/NA or Alanon meeting with analysis.
- (Students are required to complete the 43 hours of Clinical, Simulation, Psychosocial Case Study and vSims.)

ASSESSMENTS

- Evaluation Methods
 - Practicum grade is calculated as follows:
 - Clinical Paperwork
 - Simulation Paperwork
 - AA/NA or Alanon Paper
 - Psych vSim Lab
 - Case Study

GRADING GUIDELINES

- **IMPORTANT:** A numerical grade of 78% on the unit and final exams in order to pass the course. Having obtained a minimum score of 78% on the exams, other graded materials will be added to determine the overall course grade is required in NURS9232 with an overall satisfactory in clinical performance to pass NURS9231. Failure to attain either of these goals will result in failure of the course. If a student is eligible for return the student will have to repeat both, the clinical and didactic course.
- *Quizzes are unannounced and cannot be made up.*

Theory Grading Scale:

A = 90 - 100

B = 84 – 89.99

C = 78 – 83.99

D = 71 – 77.99 (= unsuccessful in nursing course)

F = 70.99 and below (= unsuccessful in nursing course)