NorthWest Arkansas Community College Division of Health Professions

Course Number and Title

NURS 9213 Essentials of Psychiatric/Mental Health Nursing

Catalog Description

Essentials of Psychiatric/Mental Health Nursing provides for the acquisition and application of psychiatric/mental health nursing theory, incorporating communication, collaboration, caring, and clinical reasoning/nursing judgment necessary for safe, patient-centered nursing care to diverse patients experiencing common mental health conditions/disorders. Incorporates evidence-based practice, quality improvement, professional standards, and legal and ethical responsibilities of the nurse. Application of knowledge and skills occurs in the nursing skills laboratory and a variety of healthcare settings.

Prerequisites

MATH 1204 College Algebra or MATH 1103 Survey of College Math

BIOL 2214 Anatomy and Physiology I

BIOL 2224 Anatomy and Physiology II

MBIO 2014 General Microbiology

ENGL 1013 English Composition I

ENGL 1023 English Composition II

PSYC 2003 General Psychology

PSYC 2103 Human Growth and Development

3 hours College Level Transferable Elective

NURS 9108 Fundamentals of Nursing

Co-requisites

CISQ 1103 Introduction to Computer Information or CISQ Challenge Exam NURS 9406 Nursing Care Adults I

Credit hours

Credit hours: 3 Theory: 2 hours Clinical/Lab: 1 hour

Target Audience/Transferability

Students apply for and are selected for admission into the Nursing Program. While licensure as a Registered Nurse is an end-goal for some individuals, all AAS Nursing graduates are eligible to seek advanced placement towards a BSN degree at most colleges and universities.

COURSE OUTCOMES (CO)

- 1. Apply psychiatric nursing concepts to provide safe, quality, evidence-based, patient-centered nursing care to diverse patients experiencing common mental health conditions/disorders. . (PO 1)
- 2. Demonstrate clinical reasoning/nursing judgment to make patient-centered care decisions and to function within the complex mental healthcare environment. (PO 2)
- 3. Relate quality improvement processes to improve patient care. (PO 3)
- 4. Contribute to collaboration and teamwork with members of the interprofessional team, the patient, and the patient's support persons in the psychiatric healthcare setting. (PO4)
- 5. Apply basic information management principles, techniques, and systems, and patient care technology to communicate, manage knowledge, mitigate error, and support decision-making in the psychiatric healthcare setting. (PO 5)
- 6. Demonstrate the use of management, legal, and ethical guidelines when caring for diverse patients experiencing common mental health conditions/disorders. (PO 6)
- 7. Demonstrate a culture of caring when providing holistic, compassionate care to diverse patients experiencing common mental health conditions/disorders. (PO 7)

The Course Outcomes (CO) for Fundamentals of Nursing are the basic level of expected achievement toward meeting the NorthWest Arkansas Community College Program Outcomes (PO).

Topics

Classroom Orientation Clinical Orientation Foundations of Psychiatric Mental Health Nursing Psychiatric Illnesses & Special Topics:

Psychotic disorders
Depression & suicide
Bipolar disorder & personality disorders
Anxiety & somatoform disorders
Substance abuse
Disorders of self regulation
Disorders unique to children
Adult ADHD
Violence & abuse
Forensic & homelessness
Group & family

TEACHING METHODS:

This course will include the following methods/approaches to teaching: audio lecture, class and blackboard discussion, audio-visuals, web-enhanced activities, active learning

 $activities, clinical/simulation\ training, post-conferences, independent\ reading, and\ observational\ experiences.$