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Graduating Fall 2022
Associate of Science– Liberal Arts and Sciences



Honors Courses:

- Intro to International Relations
 - Cultural Anthropology
- Intro to Comparative Politics
- World Civilization to 1500

Section 1: Community, Curiosity, Diversity

When I began my journey at NWACC, the COVID-19 pandemic was already underway. As a result, the entirety of my time at NWACC and in the Honors Program was spent at a distance, either virtually or following social distancing guidelines. That gave me a really unique experience and perspective. I had fewer opportunities for Service Learning but the Honors Program regularly offered different Zoom lectures and talks with people with diverse experiences, professions, and passions. This became an invaluable tool for maintaining community engagement without needing to risk my health. I was able to attend a Zoom talk with Igor Danchenko as he spoke about Ukraine and Russia; it was unbelievably insightful and allowed me to gain greater understanding and connection with global communities that I've never been able to interact with personally. The Northwest Arkansas Holocaust Awareness Project organized a number of talks and lectures that were eye-opening and educational which gave me a unique opportunity to learn about more detailed aspects of the Holocaust and how we, as Arkansans, can help with the NAHAP's mission to educate people in the community. Most recently I tuned in for a talk by Dr. Aubrey Streit Krug titled "Sustainable Agriculture, Native

Plants, and Perennial Grains". This subject matter isn't in my field of study so I wasn't sure what to expect but it introduced me to a wealth of information about sustainable agriculture and ways

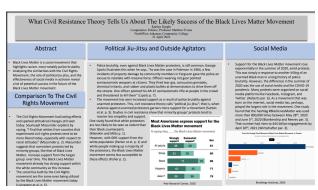


that we can work to protect our planet while still gaining the sustenance that we need. They have a program that gives perennial grain plants to individuals to build personal and community gardens so that they can test out this relatively new crop in different environments and areas while educating communities at the same time. I've reached out to The Land Institute to see if I can be part of this program because, despite having no gardening or agriculture experience, it seems like a

really important, impactful way to make a difference in both our local community and our global community. Another opportunity for community engagement was extra credit opportunities from Honors professors. Most notably, Dr. Sevin Gallo offered extra credit for anyone who attended a community event and wrote a page explaining how it related back to the class. There's an infinite number of possibilities because anything and everything relates back to world civilization and world history. Though I never actually completed any papers for extra credit, that opportunity pushed me to attend a number of different community events, local museums, and lectures that I never would have attended otherwise. Even with the COVID-19 pandemic, there have been a plethora of opportunities to demonstrate civic engagement and the Honors Program director and professors are the ones who've made the effort to make those events accessible. I would not have known about any of these events—and did not know about any of them prior to joining the Honors Program— if it hadn't been for the

individuals running and maintaining the program.

The Zoom lectures and talks were an avenue for cultivating curiosity, as well. When I first joined the Honors Program I decided that I was going to attend as many of the lectures and talks that were advertised as I could. That meant tuning into talks that weren't in my field of study, weren't personal passions of mine, and were topics that pushed me out of my comfort zone. I wanted to make the most of my time at NWACC and in the Honors Program in spite of the pandemic. I didn't



realize how much that commitment would spark my own curiosity and love of learning. I'm a non-traditional student so I started my college journey at 25 years old, as a mother, and I hadn't been in school for 6 years. I didn't like school when I was in high school and I dropped out and took the HISET. Prior to applying to NWACC, I didn't think of myself as someone who loved accumulating knowledge. The culture and the professors at NWACC and in the Honors Program were so engaging that I fell in love with learning and the plethora of Zoom and in-person lectures outside of my degree plan were a wonderful avenue for pursuing that newfound passion. I cannot even accurately express the wealth of knowledge that I gained from both my courses, even the general education requirements, and the other opportunities available to people in the Honors Program. My courses for my degree plan were another way that I cultivated curiosity.

The Honors Program creates an environment, in class and otherwise, that is rich with diversity. The Honors classes available at NWACC were beyond my wildest expectations and the Honors professors I had were all so unbelievably brilliant, engaging, and insightful in the pursuit of exploring different perspectives. My Honors classes didn't merely scrape the surface of information or have us memorize fast facts for the short-term like some classes I've taken. We would often have extensive discussions including in depth analyses, focusing on critical thinking and diverse perspectives more than just fact retention. My Honors classes always yielded fruitful conversations, as a result; I often felt like I was learning even more from our discussions than I did from reading source material. Being a non-traditional student, I expected to feel out of place



in the Honors Program. In reality, there's not just one type of person who joins the Honors Program. I had classmates in my Honors courses who were older than me, classmates who also had children, and classmates who were still in high school. We all have such different backgrounds and experiences and it allows us to be exposed to diverse perspectives and opinions. In Dr. Matt Evans' courses, I was able to truly see and benefit from those varied perspectives when we completed our Honors research posters. The potential topics for our posters were nearly unlimited and it was eye-opening to see

what people valued just from looking at the area they chose to research. All in all, the Honors Program truly embodies its mission to provide community, curiosity, and diversity.

Section 2: Preparation

The Honors Program gave me the tools and resources to prepare myself for transferring to a university and entering the workplace in a number of ways. Perhaps most notably was my interaction with professors and classmates. As a non-traditional student, I was out of practice with academia and the workplace and I came to NWACC nervous. I began my academic career doing online classes but so many excellent Honors courses are only offered in person. I was forced out of my comfort zone when I finally chose to take in-person courses and it turned out to be a blessing. It helped me gain confidence in professional settings with strangers. My World Civilization to 1500 course with Dr. Gallo impacted me the most in that regard because of how interactive the class is. Part of the grade in the class is determined by your class participation and interaction so I started out answering questions just so I could get points. After just a week I got more comfortable and I started to enjoy interacting, to hear other people's responses to what I had said. I would've been petrified to go to a school the size of the University of Arkansas prior to joining the Honors Program but I'll be starting classes there in two months and I'm extremely excited.

Section 3: My Favorite Experience

One experience that I had as a member of the Honors Program that will always stay with me is Dr. Gallo's World Civilization to 1500 course. The class is structured through the lens of food so it's incredibly unique. We learned how different foods and ingredients shaped history and



civilization by going to restaurants and breweries to tour and taste dishes from those civilizations. I've been interested in history and past civilizations for many years and despite all I've learned in structured courses and on my own, I've never seen history taught in this way. Not only is the class interesting and engaging, but it taught me to learn and think in a different way. On the very first day of class Dr. Gallo said a number of things that have stayed with me. Some of those things are specific to the study of history but the big one, the one that I'll take into the rest of my life, was about knowledge in general. She talked about epistemology and asked us to think critically about everything that we learn, in class and in life. She told us to ask ourselves "how do we know?". How do we know the information that is presented to us, where does it come from, and what methodology is used. There are obvious benefits to this philosophy, like being

able to discern what is credible, which I'd already gotten very used to noticing in everyday life. However, the implications for accumulating knowledge are greater than just determining credibility. It made me realize that asking "how do we know?" about information that we already know is credible helps us to be better thinkers, researchers, and observers in every aspect of life. While Dr. Gallo was the first to fully put into words for me, the Honors Program as a whole embodies this philosophy. It isn't just smaller class sizes, a sense of community, or more engaging and interactive courses. The Honors Program is full of people who are committed to helping you learn how to think and observe the world differently. Dr. Gallo's World Civilization classes through the lens of food are

Section 4: Advice

There are so many pieces of advice I'd like to give new members and prospective members. For prospective members, I highly recommend applying. I understand a lot of people's trepidation about joining the program because I was hesitant to do so. I didn't join the Honors Program or take an Honors course until I'd already been at NWACC for a year and it remains one of my biggest regrets. Whether you join the Honors Program or not, I still suggest taking as many Honors courses as possible. The class sizes are smaller and they feature a more outside-of-the-box learning structure. Fact retention is rarely the focus which allows you to learn things deeply, as opposed to memorizing fast facts for the short-term. As for new members, my number one piece of advice would be to challenge yourself to attend lectures, talks, and discussions, either in person or virtually, as much as possible. One of the greatest benefits of the Honors Program, in my opinion, is the access to knowledge. I rarely ever got information about these talks prior to joining the Honors Program but the Honors professors always advertise upcoming events and lectures. When your schedule and circumstances permit, attend the talks and Honors Program events, even if they aren't discussing a topic you're interested in, related to your degree plan, or something you'd normally be comfortable doing. There's a wealth of knowledge that is accessible to you outside of your classes and it is priceless.